



Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Matthew 5:2

4th Sunday in Ordinary Time

January 29, 2017

January 29, 2017 – An Invitation to Generosity & Virtue

The First Reading is Zephaniah's prophecy about *the judgment* to befall the earth, *the Day of the Lord*, a day of terror. God's faithful, "the remnant", escape. The remnant are humble and lowly, so the Lord will reward them with His peace. The Responsorial, Psalm 146, is an expression of trust in God's justice and mercy. A distinction is made between *the blessed and the cursed*. God's ways are not ours, He judges according to the heart, not human standards. God will reach out to the oppressed, the hungry, etc. Because they are desperate, God recognizes their need of Him. Most of the verses speak of God's blessings and deliverance of His faithful, His little ones, and those who need Him; only one verse mentions the destruction of the wicked. Though the wicked may at times appear to have the upper hand, their power is nothing compared to God's justice and love. In the Second Reading, St Paul contrasts God's wisdom with the world's. He is speaking to the Corinthians of lower economic status. He reminds them that their calling into God's grace is not based on worldly standards, so there are no grounds for boasting, but rather all should humbly acknowledge the Lord as the source of every blessing. This Sunday's Gospel is the beautiful *Sermon on the Mount*. The Beatitudes, as they are called, are not a list of do's and don't's like the 10 commandments, but rather a series of *invitations to generosity and virtue*. Jesus Himself climbs a *new* mountain to give us this *new* law. It is no longer enough to say we did nothing wrong, we must now ask ourselves if we have done every possible good. In this rendition of the Beatitudes, St Matthew broadens their application by raising them to the spiritual level; e.g. the poor *in spirit*. There are two types of martyrdom, that of blood (*red*) and that of life's daily difficulties (*white*). In white martyrdom, our silent suffering is joined to Christ's, for we know our "reward will be great in heaven".

CHAPEL OF THE HOLY EUCHARIST



Perpetual Adoration
GREAT NEED FOR ADORERS:
Sunday: 10 - 11am, 5 - 6pm, 6 - 7pm
Monday: 1 - 2pm
Wednesday: 3 - 4am
Thursday: 5 - 6pm
Friday: 10 - 11am
Saturday: 3 - 4am, 9 - 10am, 1 - 2pm,
3 - 4pm, 7 - 8pm

If you would like to be in the Real Presence of Jesus and visit with Him for one or more of the above hours, or any Hour, or be a substitute, please call Marge at 967-0641 or Chris at 966-3266. God is "thirsting" for you to satiate "His thirst"

Talk given why Perpetual Adoration is so important to the world - Pope Benedict XVI, Feb.22, 2007. "In a world where there is so much noise, so much bewilderment, there is a need for silent Adoration, of Jesus concealed in the "Host".

Daily Masses and Mass Intentions

- Sunday 1/29/2017**
 8:00 AM (R) Babies that have been aborted
 8:00 AM (R) Matthew Lopez by Dale Carter
 10:00 AM (I) Amber Donnelly by Matt & Sara Donnelly
 4:30 PM (I) Amy Lasat & Armel James Lasat by Lasat Family
- Monday 1/30/2017**
 7:00 AM (R) Robert Newberry by Bob & Gail Johnson
 8:30 AM (I) Anthony Cammarota by Nick & Antonia Cammarota
- Tuesday 1/31/2017 *MOTHER OF PERPETUAL HELP NOVENA**
 *7:00 AM (I) Bill Jones - 90th Birthday by Bill Jones Family
 *8:30 AM (R) Teresa Baker by Tom Baker
- Wednesday 2/1/2017**
 7:00 AM (I) Emma by Nick & Antonia Cammarota
 8:30 AM (R) Irene O'Connell by Jack & Victoria Sapunor
- Thursday 2/2/2017**
 7:00 AM (I) Proserfina Dichsoso by Chapman Family
 8:30 AM (R) Dennis Myers by Susan Myers
- Friday 2/3/2017**
 7:00 AM (R) Mildren Cirino by Kathy Mazurek & Tim Rohder
 8:30 AM (R) Clara Ann Moody & All Family Members by Gene Moody
- Saturday 2/4/2017**
 8:30 AM (I) Jane Cammarota by Nick & Antonia Cammarota
 4:30 PM (R) Ruth Goodwin by George Goodwin, Sr.
- Sunday 2/5/2017**
 8:00 AM (R) Alex Trussel by Donald Purdy
 10:00 AM (R) Matthew Lopez by Dale Carter
 4:30 PM (R) Eleanor Muratilla by Theresa Ybarra

Commentator & Music Leaders & Altar Servers for February 4 & 5, 2017

| Mass Times | Commentator Altar Servers | Music Leader |
|--------------|--|--------------------|
| SAT 4:30 PM | Nagel / Faber Dominic M, Dominic G & Andrew | Men's Choir |
| SUN 8:00 AM | Morrison / Wagner P Ralph, Grace & Abby | Music Leader |
| SUN 10:00 AM | Juten K / Kreamer Katriel, Gavin & Andrew | Contemporary Choir |
| SUN 4:30 PM | Ricaforte / Estipular Carson, David & Sean | Youth Choir |

YOUTH MINISTRY NEWS

The St. Mel youth group invites all teens to a "Hang Out" session every Wednesday from 4-8PM in the Convent. Teens are welcome to do homework, read, or just hang out. Snacks will be provided. Join us every Wednesday until the end of February!

Upcoming meeting dates are: THIS Sunday, January 29th, February 12th and February 19th. Join us at 5:30PM in the Convent.

REMINDER

Please do not leave valuables in your cars when you are at Mass. There have been several break-ins in the parking lot.

YOUTH FREE THROW COMPETITION

The Knights of Columbus Free Throw Shooting contest is Sunday, February 5th. All boys and girls between the ages of 10 and 14 from St. Mel Parish are invited to participate with the chance of advancing to District and State Competitions. The contest will take place after the 8:00AM and 10:00AM Masses in Doheny Hall. For more information, call David Wagner, 508-5216.

PARENTS AND GODPARENTS

There will be a Baptism Preparation Class on Tuesday, February 7th at 7:00PM in the Conference Room in the Parish Center. Please call the Parish Office to register, 967-1229.



PLEASE JOIN US...

Women's Day of Faith Renewal
 for
 all women 14 to 104!!!
Saturday, February 11th, 2017
\$40
St. Mel Catholic Church

A perfect pre-Valentine's or pre-Lenten gift for your wife, daughter, Mom or any of the women in your life!

Poster, flyers and bookmarks available in narthex or Church Office.

CHRIST THE KING PARISH RETREAT

You are invited to the 2017 Christ the King Parish Retreat! The theme is "Gathered in the Name of Jesus" and we invite all to come and probe the depth of God's Love for us in Christ as we gather in prayer, study, meditation, sacraments, and rest. The *Women's* retreat will be March 10-12 and *Men's* retreat will be March 31- April 2. Reserve your spot by calling your Parish Coordinator, Martha Styer, 962-3307; Donna Greuel, 225-2456 or the retreat center, 725-472 Ext 301. You can also register online at www.christthekingretreatcenter.org. If you're unable to attend our parish date, visit the website for other dates. *Accept this invitation as a precious gift to yourself as you awaken and rejuvenate the spirit within you.* Please know, no one is refused because of inability to pay full amount.

ST. VINCENT de PAUL

Please place donations *inside* the donation box located in the parking lot by the Adoration Chapel. Any items placed outside the box will not be picked up by the driver. Larger items can be taken directly to the St. Vincent de Paul Thrift Store at 2275 Watt Ave, Sacramento, CA 95825.

MORNING ROSARY PRAYER GROUP

Everyone is welcome to join the Daily Rosary Morning Prayer Group that meets after Mass. One group meets after the 7:00AM Mass and another group meets after the 8:30AM Mass in the Baptismal room. For more information contact Karen Juten, 712-3706.

CATHOLICS RETURNING HOME

If you or someone you know is considering returning to the Catholic Church, please don't hesitate to move forward. Our parish can provide assistance. Help is available throughout the year. Contact St. Mel Parish Office, 967-1229 or Karen, 966-0184.

ST. MEL VOCATION COMMITTEE

The St. Mel Vocation Committee is looking for volunteers to help encourage our priests, spiritually support our seminarians and promote vocations. For more information call Dave & Jenni Murray, 338-5011 or Brian & Jeanne Condon, 988-3027.

KNIGHTS OF COLUMBUS & HABITAT FOR HUMANITY BUILD FOR UNITY PROJECT

The Fair Oaks Knights of Columbus Council 6066 is assisting with the Habitat for Humanity Build for Unity project and are seeking interested parishioners from St. Mel who would like to join our council volunteers to help. Our council needs 6 or more to serve as a crew to assist in building homes for two disadvantaged families, one Christian and one Muslim, to live peacefully as neighbors. The project site is about 30 minutes from Fair Oaks in the northern edge of Sacramento County.

Parishioners, Knights, and any family member over 16 years old can volunteer. Volunteer days range from Tuesday to Saturday and are a full day commitment. Our Council participation will vary depending on availability and organizer needs. If interested please contact Warden Michael Ochoa at 730-3178 or mnkochoa@pacbell.net.

PLEASE NOTE!

*** SCHEDULE FOR BULLETIN ARTICLES ***

Please send your typed articles, in MS Word - Times New Roman, font 10, via email to stmeloffice@yahoo.com, no later than **NOON ON FRIDAY** to be included in the next bulletin. Thank you for your cooperation.

| Bulletin Weekend Dates 2017 | Articles DUE Prior To FRIDAY |
|--|--|
| February 4 - 5 February 11 - 12 February 18 - 19 February 25 - 26 | January 27 February 3 February 10 February 17 |

**ST. MEL
MAINTENANCE & IMPROVEMENT FUND**

There will be a second collection NEXT weekend February 4th & 5th for the St. Mel Maintenance and Improvement Fund. These funds are used for taking care of our facility. Thank you for your generous support.

KNIGHTS OF COLUMBUS

The Knights of Columbus are holding their Monthly Food Collection for the needy THIS weekend, January 28th & 29th.

RECOGNITION ANNOUNCEMENTS

ALL WEDDING ANNIVERSARIES FOR THE MONTH OF FEBRUARY WILL BE RECOGNIZED AT MASS NEXT WEEKEND, FEBRUARY 4TH & 5TH.

CORPORAL WORK OF MERCY

Fair Oaks resident parishioner is looking for a ride to daily Mass at 7AM. Sunset area. Call the Parish office if you can help. 967-1229.

CATHOLIC SCHOOLS WEEK

Sunday, January 29th, is the start of Catholic Schools Week. The faculty and staff of St. Mel School would like to invite everyone to our Open House and New Family Student Registration (2017-2018), on Sunday, January 29th, following the 10:00AM Mass until 12:30PM. For more information, or to make an appointment to visit our dynamic, faith-filled school - now in our 56th year, please call 967-2814. You may also visit our website, www.stmelschool.org. Our school includes TK-8th grade. Hope to see you at Open House!

**WORLD MARRIAGE DAY
RENEWAL OF MARITAL COMMITMENTS**

On Saturday, February 11th, Bishop Jaime Soto will preside at a special Mass at 11:00AM at Divine Savior parish in Orangevale in which married couples will receive a special blessing and have an opportunity to renew their marital commitments. An informal reception for them and their families will follow. Special certificates will be given to couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+). If you are interested in attending this free event, please register (names and anniversary year) at www.SacWMD.com. For more information call the Dept. of Evangelization & Catechesis, 733-0123.



Jesus beckoned a child to come to Him, placed it in their midst, and said, "Amen, I say to you, unless you change and become like little children, you will never enter the kingdom of heaven." -Mt 18:2-3

Reflection: It is an understatement to say that children are loved by God or important to Him.

They are central, and they exemplify certain virtues and attitudes God wants us all to have.

Prayer: Holy Spirit, keep our minds and hearts focused on children, that we may learn from them.

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CAMP PENDOLA IS HIRING FOR SUMMER 2017

Applications for summer 2017 positions at Camp Pendola are now being accepted. Camp Pendola is looking for energetic people to work with children ages 6 to 17 in a Catholic outdoor setting. Staff positions begin in early June and finish the 2nd week of August. Staff lives at Camp Pendola for the summer and must be at least 18 years old. Positions include counselors, kitchen staff, health center staff, and program staff. For more information and apply go to www.pendola.org/employment.

Please Pray for the Sick of Our Parish

- | | | |
|-----------------------|---------------------|-------------------------|
| Al Volmer | Garvin Arnett | Katie Henson |
| Alan Cheuse | George Kim | Katie Spain |
| Alex Quiroz | Gianna Atilano | Keith Sprengle |
| Amanda Barron | Grace Barrios | King David Chico |
| Anthony Caillou | Gregory David | Latasha Rodriguez |
| Arthur Morton | James A. Martinez | Linda Ramsey |
| Audrey Holden | Jean Crupi | Lydia Melendez |
| Bob Ahern, Sr. | Jeanette Barron | Margaret Anderson |
| Candy Barrios | Jerry Esparza | Margaret Valley |
| Charles Joseph Ortner | Jerry Smith | Mary Alyce Gisla |
| Cheryl Richardson | Jim Maher | Michael English |
| Chris Stabile | Joanne Kim | Michael J. Martinez |
| Christian Dimitri | Jody & Ron Martinez | Michelle Atwood |
| Daniel Schwartz, III | Johanna Ross | Mollie Dear |
| Dave Kangas | John & Judy English | Nellie Henson |
| Deana Landingham | John Forrest | Nick Tenaglia |
| Delfina Rodriguez | John Langland | P. J. Spain |
| Diane Castonguay | John Wise, Jr. | Patty Arcenequex- Conti |
| Donald Wise | Jose Mascoro | Pilo DeLeon |
| Dora V. Marczak | Joseph Dimitri | Ray Willey |
| Dora Palpallatoc | Joseph Jacin | Rendtor Ramirez |
| Eduardo Murallon | Joseph McCormick | Richard Robinson |
| Elizabeth McMahan | Judy Spinelli | Robert Atkinson |
| Evelyn Dimitri | Karen Petersen | Robin Dunton |
| Fred H. Salter | Katie Grant | Rodney Wise |

**KNIGHTS OF COLUMBUS
MEMBERSHIP DRIVE UPDATE**

Welcome and congratulations to Brother Knights Emil Alisangco and Juan Godoy for joining our Council this month.

If you have ever thought about becoming a Knight, membership has only two requirements.

- The man must be 18 years of age
- Then he must also be a practical Catholic

If you are interested in joining the Knights, please contact Membership Director Michael Ochoa, 730-3178 or Grand Knight Jim Carlson, 801-9373.

SEMINARIAN BIRTHDAY CARD CAMPAIGN

The following Sacramento Seminarians are celebrating birthdays in February:

Manolito Jaldon, Jr, February 4. His address is: St. Patrick's Seminary, 320 Middlefield Road, Menlo Park, CA 94025

Victor Goranov, February 28. His address is: Mt. Angel Seminary, 1 Abbey Drive, St. Benedict, OR, 97373

We thank you for supporting our seminarians with your prayers and good wishes.

SACRAMENTO CATHOLIC FORUM PRESENTS:

Wynette Sills, Director, Californians for Life, will speak on 'A Strategic Plan to End Abortion: Our Catholic Responsibility' on Wednesday, February 22nd at Christ the King Retreat Center. The day begins with Mass at 6:30AM followed by networking, breakfast and the presentation. The retreat center is located at 6520 Van Maren Ln., Citrus Hts, CA. The cost is \$20 for pre-register or \$25 at the door. Further information and reservations: www.saccatholicforum.org

MATTHEW KELLY - PASSION AND PURPOSE LIVE

Author of Resisting Happiness and Rediscovering Catholicism, Matthew will be delivering Passion & Purpose Live, with musical guest Eliot Morris. This event will empower you to learn more about our Catholic story, begin your personal journey to become the-best-version-of-yourself, and inspire you to get involved in the positive changes that are occurring in the Catholic Community. For more information or to register go to www.dynamiccatholic.com, look under 'Events' and click on 'Passion and Purpose'. March 3rd: Holy Trinity in El Dorado Hills. March 4th: St. John's in Folsom.

WORLDWIDE MARRIAGE ENCOUNTER

Have you ever wanted to take a fresh look at your Marriage? Have you considered attending a Worldwide Marriage Encounter Weekend? It is a unique approach aimed at revitalizing your Sacrament of Matrimony. Weekends for 2017 are as follows: February 10-12, in Sacramento; March 31-April 2, in Reno, NV.; August 25-27, in Sacramento; October 6-8, in Reno, NV., and November 3-5, in Sacramento. It is not too early to register for a weekend that you will never forget. For more information visit our website, www.sacramentowwme.org or email Terry & Janet at applications@sacramentowwme.org or 489-3464.

ST. IGNATIUS OF LOYOLA MOVIE

The life of one of the greatest saints, St. Ignatius of Loyola, coming to the big screen! A modern and very human take on the story of the founder of the Jesuits, often called "the Saint of Second Chances." From a brash hot-headed soldier to one of the greatest saints in history. Don't miss this private showing, Sunday, February 26th at Century 16 Greenback Theatre at 1:30PM. Tickets online: www.theCatholicScene.com or at Easter's Bookstore. Questions? Call 807-0260. Endorsed by Archbishop Chaput, Mother Dolores Hart, Fr. Don Calloway, Johnnette Benkovic and many others.

**100th ANNIVERSARY DIOCESAN
PILGRIMAGE TO FATIMA**

Join Bishop Myron J. Cotta and the Diocese of Sacramento September 15-24, 2017 for a once in a lifetime pilgrimage for the Centennial of Our Lady of Fatima! Pray in the Capelinha marking the spot where Our Lady appeared, see a Eucharistic miracle, visit the medieval town of Batalha, and take part in the 100th anniversary celebrations. Stops include Coimbra, where Sr. Lucia spent most of her life. Nazare on the Atlantic coast, Aljustrel, Obidos and explore the port city of Lisbon. To make a reservation, contact Canterbury Pilgrimages, 800-653-0017 or reservations@canterburypilgrimages.com.

CHARISMATIC PRAYER GROUP

You are invited to St. Mel's Charismatic Prayer Group. We meet Tuesdays in the baptismal room at 6:30PM for prayer, praise and worship, and healing prayer. Enter the church through the west door on the upper parking lot side. Contact Chris, 715-1162, or Karen Juten, 712-3706.

CLARA'S HOUSE

Clara's House is seeking volunteers for non-profit Primary Care Clinic. Needed are NP, RN, LVN, marketer, grant writer, case manager, chart clerk, receptionist, data processor and loyal contributors. Visit www.clarashouse.org or call 448-3976.

ALTAR SOCIETY NEEDS YOUR HELP

The Altar Society needs your help cleaning and preparing the Church for weekend Masses. Time commitment is only one and a half hours after the 8:30AM Mass on Friday morning. Please call Linda, 213-2491, with questions or to volunteer.

LENTEN RETREAT

Saint John the Evangelist parish in Carmichael is hosting a Lenten retreat beginning February 21st through April 4th. The retreat will help to discover the graces revealed in the "Flame of Love Diary" of the Immaculate Heart of Mary. The diary is a compilation of messages received by Elizabeth Kindelmann between 1961-1982 from Jesus and Our Blessed Mother in Budapest, Hungary and stresses the urgency of spreading the Flame of Love of the Immaculate Heart of Mary's grace. There will be two sessions every Tuesday at 10-11:30AM and 6:30-8:00PM. (Both sessions will cover the same messages). Go to www.flameoflove.us to download the diary and for a sneak preview. A limited number of books have been provided free of charge but please pre-register via email at sjflameoflove@gmail.com.

We welcome all new parishioners and ask that you complete this registration form and place it in the collection basket at Mass, or return it to the Parish Office.

| Quick Registration St. Mel Catholic Church | | Envelopes? | Yes | No |
|---|---------------------|--------------------------------|--------------------------------|----|
| Last Name _____ | First Name(s) _____ | | | |
| Mailing Name (i.e. Mr. & Mrs. John Doe) _____ | | | | |
| Address: _____ | | | | |
| Street _____ | City _____ | Zip Code _____ | | |
| Phone # _____ | | | | |
| E-mail _____ | CONTACT ME BY: | <input type="checkbox"/> PHONE | <input type="checkbox"/> EMAIL | |
| Do you have any special request: _____ | | | | |