



Lord, you are truly the Savior of the world; give me living water, that I may never thirst again.

Gospel Acclamation

Third Sunday of Lent



March 19, 2017

March 19, 2017 – Jesus the living water

A Samaritan woman brought her water jar to the town well to fill it with water (Jn 4:7). Jesus, sitting by the well, offered her living water instead (Jn 4:10). Jesus told her: "Whoever drinks the water I give him will never be thirsty; no, the water I give shall become a fountain within him, leaping up to provide eternal life" (Jn 4:14). The woman, filled with the flowing water of the Spirit, forgot all about well water, and simply left her water jar sitting by the well. Her only concern was to tell others about Jesus (Jn 4:28).

God created human beings to be physically and spiritually thirsty. We need to physically drink every day, and need to spiritually drink even more frequently. Even the most hard-hearted are thirsty for Jesus' living water, whether or not they recognize it. Once the Samaritan woman drank of Jesus' living water, she couldn't help but bring that water to others. Likewise, it's up to us to give God's thirsty people a drink of Jesus' living water.

The Samaritan woman teaches us that when we drink fully of the water Jesus offers, we will start evangelizing. We'll be so filled with living water that we won't be able to help it. If we're not evangelizing, it's likely a symptom that we're getting spiritually dehydrated. Jesus says: "If anyone thirsts, let him come to Me; let him drink who believes in Me. Scripture has it: 'From within him rivers of living water shall flow' " (Jn 7:37-38). Come to Jesus; drink deeply; tell the world about Him.

CHAPEL OF THE HOLY EUCHARIST



Perpetual Adoration
GREAT NEED FOR ADORERS:
Sunday: 6 - 7am, 10 - 11am, 5 - 6pm, 6 - 7pm
Monday: 5 - 6pm
Wednesday: 3 - 4am, 4 - 5pm
Friday: 5 - 6pm, 10 - 11pm
Saturday: 3 - 4am, 9 - 10am, 1 - 2pm, 3 - 4pm, 4 - 5pm, 7 - 8pm

If you would like to be in the Real Presence of Jesus and visit with Him for one or more of the above hours, or any Hour, or be a substitute, please call Marge at 967-0641 or Chris at 966-3266. God is "thirsting" for you to satiate "His thirst"

Talk given why Perpetual Adoration is so important to the world - Pope Benedict XVI, Feb.22, 2007. "In a world where there is so much noise, so much bewilderment, there is a need for *silent Adoration*, of Jesus concealed in the "Host"

Pope John Paul II - On the mystery and Worship of the Holy Eucharist - Sacrament of Love, April 1980, "*The Church and the world have a great need of Eucharistic Adoration. Jesus waits for us in this sacrament of Love. Let us be generous with our time in going to meet "HIM" in adoration and in contemplation that is full of faith and ready to make reparation for the great faults and crimes of the world. May our adoration never cease.*"

Daily Masses and Mass Intentions

Sunday 3/19/2017

8:00 AM (I) Chris & Sara Jones & Family by Ramos Family
 10:00 AM (R) Marcia Cruz by Cynthia Gagnon
 4:30 PM (I) Amador Family by Ramos Family

Monday 3/20/2017

7:00 AM (R) Hank Young by Mary & Mike McHale
 8:30 AM (I) Darcy Grieve by St. Mel Faculty & Staff

Tuesday 3/21/2017 *MOTHER OF PERPETUAL HELP NOVENA

*7:00 AM (I) Diane Castonguay
 by Dave & Michelle Lehman
 *8:30 AM (I) Amber Donnelly by Rosemary Easter

Wednesday 3/22/2017

7:00 AM (R) Florence Garcia by St. Mel School
 7:00 AM (R) Therese French & Gertrude Preis by A Friend
 8:30 AM (I) Isabelle Coonley by Matt & Sara Donnelly
 8:30 AM (I) Kathleen DeSantis by Amber & Sara Donnelly

Thursday 3/23/2017

7:00 AM (I) Tian Family
 8:30 AM (R) Mariano Salumbides by Filomena V. Salada

Friday 3/24/2017

7:00 AM (R) Vincenzo Cotroneo by Mark Holcomb
 8:30 AM (R) Joseph Damian Porter by Family

Saturday 3/25/2017

8:30 AM (I) In Thanksgiving - Sean's birthday
 by Susan Gerardo
 4:30 PM (R) Babies that have been aborted

Sunday 3/26/2017

8:00 AM (I) Tom & Maria Johnson & Family
 by Ramos Family
 10:00 AM (R) Frank Franzago by Franzago Family
 4:30 PM (I) Joe & Sandra Langdon
 by Amber & Sara Donnelly

Commentator & Music Leaders & Altar Servers March 25th & 26th

Mass Times	Commentator Altar Servers	Music Leader
SAT 4:30PM	Mammano N / Mammano F Michael G, Michael O & David	Men's Choir
SUN 8:00AM	Morrison Gabriella, Isabella & Claire	Music Leader
SUN 10:00AM	Abi Nader / Kreamer Lucas, Sebastian & Nick	Traditional Choir
SUN 4:30 PM	Allison / Wagner M Gabrielle, Isaac & Carson	Youth Choir

NEW SCRIPTURE STUDY

St. Paul's letter to the Ephesians scripture study will begin March 21st at 6:30PM in the St. John Paul II room. This study is about the worldwide church, the head of which is Christ (Eph 4:15), the purpose of which is to be the instrument for making God's plan of salvation known throughout the universe (Eph 3:9-10). This is an excellent book for introduction to scripture study or to continue enhancing one's scripture knowledge and love of Jesus and His Church. Call Karen, 966-0184 or Cheryl, 966-1830 for more information.

MEN'S DAY OF FAITH

All men are invited to attend the 5th Annual Men's Day of Faith on Saturday, April 29th. This one day retreat features Joe McClane, General Manager and show host of the Houston, TX Catholic Radio Station. Joe's topics include: "Call to Heroic Leadership", "Leave No Man Behind" and "Be a Man after God's Own Heart". The registration fee is \$40 and you can register online at smpevents.org, by telephone at 635-7791 or by visiting the Parish Office.

BLOOD DONORS FOR CHARITY

Attention all Blood Donors! Please remember to credit organization #7390 when you make your regular donation of plasma, source plasma, or platelets. Each time you give credit to #7390 for your donation, the Knights of Columbus receives a point towards a charitable donation from Blood Source. Last year we were issued a \$500 check for charity!

MORNING ROSARY PRAYER GROUP

Everyone is welcome to join the Daily Rosary Morning Prayer Group. There are two groups that meet in the Baptism Room after each of the weekday morning Masses. For more information contact Karen Juten, 712-3706.

RITE OF CHRISTIAN INITIATION OF ADULTS

JOURNEY INTO FAITH
RCIA is about to begin. Being part of the Church established through Jesus Christ, and entrusted to the leadership of the apostle Peter, is a gift. This gift might just be for you. Join us *any Sunday beginning May 7th in the St. Jude Room* (top of the back stairs) at **8:00AM** to discover how you might become Roman Catholic; and participate in the greatest adventure of your life. Please contact Michael Faber, at 686-7020 or rcia-stmelfairoaks@gmail.com for more information.

CHRIST THE KING PARISH RETREAT

You are invited to the 2017 Christ the King Parish Retreat! The theme is "*Gathered in the Name of Jesus*" and we invite all to come and probe the depth of God's Love for us in Christ as we gather in prayer, study, meditation, sacraments, and rest. The *Men's* retreat will be March 31- April 2. Reserve your spot by calling your Parish Coordinator, Martha Styer, 962-3307; Donna Greuel, 225-2456 or the retreat center, 725-472 Ext 301. Register online at www.christthekingretreatcenter.org. If you're unable to attend our parish date, visit the website for other dates. *Accept this invitation as a precious gift to yourself as you awaken and rejuvenate the spirit within you.* Please know, no one is refused because of inability to pay full amount.

CATHOLIC FAITH FORMATION

CFF classes are in session this week, Monday, March 20th and Tuesday, March 21st.

SOCIETY OF ST. VINCENT DE PAUL SOUP AND STATIONS

St. Vincent de Paul will be coordinating "Soup and Stations" on all Fridays in Lent. Bring a crockpot of meatless soup and a ladle to the Small Hall at 5:30PM. Bowls, utensils and ice water will be provided. Stations of the Cross will begin at 7:00PM. Questions? Call Kathy, 704-1938.

ST. VINCENT DE PAUL SHRED DAY

St. Vincent de Paul will be holding a shred day on Saturday, April 22nd. Look for more information in future bulletins.

ST. VINCENT de PAUL

Please place donations *inside* the donation box located in the parking lot by the Adoration Chapel. Any items placed outside the box will not be picked up by the driver. Larger items can be taken directly to the St. Vincent de Paul Thrift Store at 2275 Watt Ave, Sacramento, CA 95825.

WOMEN'S CURSILLO WEEKEND



The next Women's Cursillo Weekend is April 27th - April 30th. There will be an informational meeting here at St. Mel on Sunday, March 12th at 11:00AM in the St. Jude Room. *Come and find out about this weekend the Holy Spirit is preparing for you...to know Jesus Christ more intimately by knowing yourself more deeply.*

RCIA PRESENTS A PARISH SEDER!

You are cordially invited to attend "A Seder" Evening on Palm Sunday, April 9th in our Parish Center. The evening begins at 5:30PM celebrating the tradition of the Passover and the Last Supper. *Tickets are by reservation only at the weekend Masses on March 18 & 19 and March 25 & 26.* Tickets are \$12 per person. Children 4 and under are free. You may purchase individual tickets or a complete table for 9 people. Hope you will join us as we celebrate this annual tradition.

PLEASE NOTE!

*** **SCHEDULE FOR BULLETIN ARTICLES** ***
 Please send your typed articles, in MS Word - Times New Roman, font 10, via email to stmeloffice@yahoo.com, no later than **NOON ON FRIDAY** to be included in the next bulletin. Thank you for your cooperation.

Bulletin Weekend Dates 2017	Articles DUE Prior To FRIDAY
March 25 - 26 April 1 - 2 April 8 - 9 April 15 -16	March 17 March 24 March 31 April 7

CATHOLIC RELIEF SERVICES COLLECTION

Next week, our parish will take up The Catholic Relief Services Collection (CRSC). Funds from this collection help provide food to the hungry, support to displaced refugees, and Christ's love and respect to all people here at home and abroad. Next week, please give generously to the CRSC and help **Jesus in disguise**. Learn more about the collection at www.usccb.org/catholic-relief.

KNIGHTS OF COLUMBUS

The Knights of Columbus are holding their Monthly Food Collection for the needy NEXT weekend, March 25th & 26th.

YOUTH GROUP NEWS

The St. Mel Youth Group will be meeting Sunday, March 26th in the Convent right after the 4:30PM Mass. Hope to see you there!

MAGNIFICAT SUBSCRIPTIONS AVAILABLE

Please stop by **St. Mel Gifts**, at their new location in the narthex, to subscribe to the Magnificat by the month or the year. This is the most widely used book for daily devotion by Catholic men and women. The number of subscriptions available is limited, so don't wait! Subscription rate is \$3.75 per issue.

ALTAR SERVER TRAINING

Altar Server Training is never out of season. Orientation and training for new servers is available as needed after school and on weekends. *Refresher and update sessions are also available.* Interested students and parents may contact Dave Murray, 716-5187 or e-mail dddrmurray@comcast.net. Information forms for parents of servers are available in the church vestibule or upon request via e-mail.

PRAYER INTENTIONS OF POPE FRANCIS



Please join the **Legion of Mary** in praying daily the intentions of Pope Francis for March. Please place special emphasis this month on...*support for persecuted Christians.*

Let us pray...that all persecuted Christians may be supported by the prayers and material help of the whole Church. Amen.



If anyone is rich in worldly possessions and sees a brother in need but refuses to open his heart, how can the love of God abide in Him? -1 Jn 3:17

Reflection: Our relationship with God depends on how well we tend to the needs of others. If this applies to the need others have for material possessions, how much more does it apply to the need others have for life itself?

God's love cannot survive in us if we turn our backs on the unborn and all whose lives are in danger.

Prayer: Abide with us, Lord, so that we may see those in need and open our hearts to them.

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ST. MEL SIP AND SUPPER CLUB

The St. Mel Sip and Supper Club meets in groups of 8 four times a year to share dinner and fellowship. All are welcome and it is a fun way to get to know others in our church family. If interested, send an email to familyvanark@gmail.com or call Claire and Roelof at 802-1089.

Please Pray for the Sick of Our Parish

Al Volmer	Garvin Arnett	Katie Spain
Alan Cheuse	George Kim	Keith Sprengle
Alex Quiroz	Gianna Atilano	King David Chico
Amanda Barron	Grace Barrios	Latasha Rodriguez
Anthony Caillou	Gregory David	Linda Ramsey
Arthur Morton	James A. Martinez	Lydia Melendez
Audrey Holden	Jean Crupi	Margaret Anderson
Bob Ahern, Sr.	Jeanette Barron	Margaret Valley
Candy Barrios	Jerry Esparza	Mary Alyce Gisla
Charles Joseph Ortner	Jerry Smith	Mary Spain
Cheryl Richardson	Jim Maher	Michael Elorduy
Chris Stabile	Joanne Kim	Michael English
Christian Dimitri	Jody & Ron Martinez	Michael J. Martinez
Daniel Schwartz, III	Johanna Ross	Michelle Atwood
Dave Kangas	John & Judy English	Mollie Dear
Deana Lingham	John Forrest	Nellie Henson
Delfina Rodriguez	John Langland	Nick Tenaglia
Diane Castonguay	John Wise, Jr.	P. J. Spain
Donald Wise	Jose Mascoro	Patty Arcenequx- Conti
Dora V. Marczak	Joseph Dimitri	Pilo DeLeon
Dora Palpallatoc	Joseph Jacin	Ray Willey
Eduardo Murallon	Joseph McCormick	Rendtor Ramirez
Elizabeth McMahan	Judy Spinelli	Richard Robinson
Evelyn Dimitri	Karen Petersen	Robert Atkinson
Fred H. Salter	Katie Grant	Robin Duntton
	Katie Henson	Rodney Wise

ADORATION CHAPEL SECURITY

A new keypad has been installed on the outside door leading into the Adoration Chapel building. The code on this keypad is the same as the Adoration Chapel door but you must press the # key at the end. For safety reasons, please do not open the door for anyone that does not know the code. The code can be obtained from the Parish Office.

WORLDWIDE MARRIAGE ENCOUNTER

Have you ever wanted to take a fresh look at your Marriage? Have you considered attending a Worldwide Marriage Encounter Weekend? It is a unique approach aimed at revitalizing your Sacrament of Matrimony. Weekends for 2017 are as follows: March 31-April 2, in Reno, NV.; August 25-27, in Sacramento; October 6-8, in Reno, NV., and November 3-5, in Sacramento. It is not too early to register for a weekend that you will never forget. For more information visit our website, www.sacramentowwme.org or email Terry & Janet at applications@sacramentowwme.org or 489-3464.

WOMEN'S DAY OF FAITH RENEWAL BIBLE STUDY

The Women's Day of Faith Renewal totally invigorated 167 women spiritually, mentally, and emotionally. Do you want to continue growing as a dynamic and precious daughter of God the Father? Now is your chance as we study in depth one of the books of Kelly Wahlquist, guest speaker at Women's Day of Faith. We will be studying *Created to Relate, God's Design for Peace and Joy* and the accompanying Journal. The books can be purchased from www.catholicvineyard.com for \$20/set or from Amazon.com. Diane Grass will host the study at her home on Friday mornings beginning March 17th. For more information or to register, call Jeanne Condon, 988.3027.

RCIA presents a Parish Seder!

You are cordially invited to attend "A Seder" evening on April 9th (palm Sunday) at our Parish Center. Even if you have been before, you will want to part of this annual tradition. The evening begins at 5:30pm celebrating the tradition of the Passover and the Last Supper. *Tickets are by reservation only at the weekend Masses on 3.25 & 3.26 and 4.1 & 4.2.* Tickets are \$12 per person. Children under 4 are free. You may purchase individual tickets or a complete table (a table is for 9).

FAIR OAKS KNIGHTS OF COLUMBUS COUNCIL 6066 & HABITAT FOR HUMANITY BUILD FOR UNITY PROJECT

The Fair Oaks Knights of Columbus Council is assisting with the Habitat for Humanity, Build for Unity project and are seeking interested parishioners from St. Mel who would like join our council volunteers to help. Our council needs 5 to serve as a crew to assist in building homes for two disadvantaged families, one Christian and one Muslim, to live peacefully as neighbors. Parishioners, Knights, and any family member over 16 years old can volunteer. If interested please contact Warden Michael Ochoa at 916-730-3178 or via email at mnkochoa@pacbell.net. To stay up to date on more Build for Unity project news, consider signing up for the Build for Unity Newsletter or visit the website www.HabitatGreaterSac.org/BuildforUnity and check out updates on Twitter at #BuildforUnity!

CATHOLICS RETURNING HOME

If you or someone you know is considering returning to the Catholic Church, St. Mel can provide assistance. Help is available throughout the year. Contact St. Mel Parish Office, 967-1229 or Karen, 966-0184.

REMINDER

Please do not leave valuables in your cars when you are at Mass. There have been several break-ins in the parking lot.

ST. MEL GIFTS



Please stop by St. Mel Gifts at their new expanded location in the narthex. Come check out the delightful surprises available for any occasion!

If you are interested in giving 15-20 minutes of your time after Mass to assist parishioners with their purchases, please Contact Brenda, 722-1965.

CORPORAL WORK OF MERCY

Parishioner is looking for a ride to the Sunday 8:00AM Mass. She lives between Pennsylvania and New York Avenues. Call the Parish office if you can help. 967-1229.

ST. MEL LEGION OF MARY

All Auxiliary members, along with active members and those interested guests are cordially invited to attend The Annual ACIES ceremony at Presentation of the Blessed Virgin Mary Church, 4123 Robertson Ave, Sacramento, on Saturday, March 25th. Rosary will be at 10am followed by Holy Mass at 10:30am. Refreshments will be served after the ACIES ceremony.

CLARA'S HOUSE

Clara's House is seeking volunteers for non-profit Primary Care Clinic. Needed are NP, RN, LVN, marketer, grant writer, case manager, chart clerk, receptionist, data processor and loyal contributors. Visit www.clarashouse.org or call 448-3976.

ST. MEL SUMMER ADVENTURE PROGRAM 2017

St. Mel School is pleased to offer a top-quality summer program for students who will be entering grades TK-6 in August 2017. The goal of the program is to provide an exciting, stimulating, and enriching environment for students. The morning Reading and Math Enrichment Classes will be Common Core based, and the afternoon camp will include creative, fun activities and field trips! St. Mel Summer Adventure will run for seven consecutive weeks beginning on Monday, June 5th and ending on Friday, July 21st. Contact St. Mel School for a registration packet. 967-2814.

We welcome all new parishioners and ask that you complete this registration form and place it in the collection basket at Mass, or return it to the Parish Office.

Quick Registration St. Mel Catholic Church		Envelopes?	Yes	No
Last Name _____		First Name(s) _____		
Mailing Name (i.e. Mr. & Mrs. John Doe) _____				
Address: _____				
Street	City	Zip Code		
Phone # _____				
E-mail _____		CONTACT ME BY: <input type="checkbox"/> PHONE <input type="checkbox"/> EMAIL		
Do you have any special request: _____				