



The Lord upholds my life.
I will offer You a willing
Sacrifice....

Entrance Antiphon
Psalm 54: 6,8

16th Sunday in Ordinary Time

July 23, 2017

July 23, 2017 – The Holy Spirit helps us choose

The First Reading speaks about our God, who is one of power and mercy; a seemingly odd combination since many see mercy as weakness. God's power is not one that imposes His will on us. Instead of condemning us all, He is very lenient and extends His powerful mercy to all. The Responsorial Psalm underscores God's remarkable mercy; He is good and forgiving. His mercy extends to all nations, yet we must realize we need it before we can receive it. This is why we turn to Him and beg His mercy. In the Second Reading, St Paul reminds us that we are often sluggish and confused in our prayer, due to sinful habits and our own weakness. The Holy Spirit whispers Godly things into the depths of our hearts so that we can know what we really need. The Spirit gives breath to our prayer and the courage to ask for our deepest aspiration: *Someone who loves us without limit.* In today's Gospel, Jesus presents us with three parables to help illustrate the dawning of God's kingdom. The people were disappointed and wondered where was God's intervention... when would evil be punished and goodness rewarded. The parables begin to answer these queries. The kingdom, like wheat planted in the fields, grows alongside the weeds, until harvest time, the end of time. In the interim, people must choose between good and evil, for the kingdom or against it. Like the mustard seed, the kingdom is growing; it begins hidden and so small as to be nearly invisible, yet when full-grown it becomes a bush so large and strong that the *'birds of the sky come and dwell in its branches'*. The kingdom, like the nearly invisible yeast, has tremendous effects on the dough, as the tremendous effect Christianity can have on society. These parables are meant to encourage us, especially when evil seems to be winning against good. There will always be evil in the world until the last day, but we are most effective when we realize that change comes in small ways, in the little things we do each day.

Daily Masses and Mass Intentions

Sunday 7/23/2017

8:00 AM (R) Babies that have been aborted
10:00 AM (R) Shirley Scalise by Mark & Julie Handy
4:30 PM (R) Isaac Barron by Pat Scott

Monday 7/24/2017

8:30 AM (R) William Hughes by Abi-Nader Family

Tuesday 7/25/2017 *MOTHER OF PERPETUAL HELP NOVENA

*8:30 AM (I) Tom & Maria Johnson -
30th Wedding Anniversary by Family

Wednesday 7/26/2017

8:30 AM (R) Frank Franzago by Franzago Family

Thursday 7/27/2017

8:30 AM (R) Mildred Thorne by Barbara Prayer
8:30 AM (R) Elena N. Virrueta by Tina Armando

Friday 7/28/2017

8:30 AM (I) Kim - 50th Birthday

Saturday 7/29/2017

8:30 AM (I) Military of the United States by Karen Juten
4:30 PM (R) Ursula Freedland by Paul & Gerie Parker

Sunday 7/30/2017

8:00 AM (R) Isaac Barron by Knights of Columbus
10:00 AM (R) Chock Ohana by Audrey Swiderek
4:30 PM (R) Dan Cabral by Don & Mary Pat Jones

"He loved us personally...centuries before
we were born."

- St. Peter Julian Eymard

KNIGHTS OF COLUMBUS

The Knights of Columbus are holding their Monthly Food Collection for the needy NEXT weekend, July 29th & 30th.

ST. MEL MAINTENANCE AND IMPROVEMENT FUND COLLECTION DATE CHANGE

The St. Mel Maintenance and Improvement Fund collection will be taken up NEXT weekend, July 29th & 30th. Missionary Cooperative Appeal weekend is August 5th & 6th and Father Pascal Siben will be here to speak about the priests in the Diocese of Kikwit in the Democratic Republic of the Congo in Africa.

ST. MEL YOUTH GROUP

The St. Mel Youth Group will meet July 30th and August 13th from 5:30-8:00PM in the St. Mel Convent. All high school youth are invited to join the fun!

ST. MEL YOUNG ADULTS

Beginning in August, the St. Mel Young Adult group will meet every Third Saturday following the 4:30PM Mass in the Convent. All ages 18-39 are welcome! Hope to see you August 19th!

CHARISMATIC PRAYER GROUP

You are invited to the St. Mel Charismatic Prayer Group. We meet Tuesdays in the baptismal room at 6:30PM for prayer, praise and worship, and healing prayer. Enter the church through the west door on the upper parking lot side. Contact Chris, 715-1162, or Karen Juten, 712-3706.

CLARA'S HOUSE

Clara's House is seeking volunteers for non-profit Primary Care Clinic. Needed are NP, RN, LVN, marketer, grant writer, case manager, chart clerk, receptionist, data processor and loyal contributors. Visit www.clarashouse.org or call 448-3976.

QUO VADIS RETREAT

The Office of Priestly & Religious Vocations invites all young men ages 13 to 17 years to the 2nd Annual Quo Vadis ("Where Are You Going?") Retreat at Trinity Pines Catholic Center in Colfax. The retreat will be held August 1st-4th. For more information or to register, call 733-0258 or email, msmith@sced.org.

WORLD WIDE MARRIAGE ENCOUNTER

Married Couples, are you looking for the perfect gift to give your spouse? How about a World Wide Marriage Encounter Weekend to rekindle your love and to celebrate new beginnings. It's the perfect way to show your spouse how much you love them. Upcoming weekends are: August 4th - 6th in Sacramento; October 6th - 8th in Reno, NV; and November 3rd - 5th in Sacramento. It is not too early to register for a weekend that you will never forget. For more information visit our website at: <https://www.sacramentowwme.org> or contact Terry & Janet, 489-3464 or applications@sacramentowwme.org.

ST. MEL SCHOOL FALL APPLICATIONS

St. Mel School is now accepting applications for the 2017-2018 academic school year. Call the school office at 967-2814 for admission information and a school tour. In addition, please visit us at our website at www.stmelschool.org.

PARISH BLOOD DRIVE AND PANCAKE BREAKFAST

The Knights of Columbus Annual Summer Parish Blood Drive and Pancake Breakfast will be held Sunday, July 30th. Blood Source of Sacramento will be collecting donations of whole blood from 8:30AM until 12Noon in Doheny Hall. Breakfast will be served in the Small Hall and is free to all donors. Cost for non-donors is \$5 with a maximum of \$15 per family. Everyone is welcome! Come, donate blood, and have breakfast with your fellow parishioners. Last year's response to this Drive was excellent. So much so that the Blood Source has asked us to do it again. Let's see if we can top last year's total! Yes, you do save lives by donating. For questions or more information, contact Chris Ward, wardchris@hotmail.com or 989-4572.

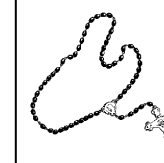
THINKING ABOUT BECOMING CATHOLIC?

Join our students in finding out what the Catholic Church believes, and how you may be received into the Church Jesus started! Our ministry is year around. It is never too late to start your own spiritual journey of discovery! For more information call Michael Faber ,719-5565.

MAGNIFICAT SUBSCRIPTIONS AVAILABLE

Stop by **St. Mel Gifts** to subscribe to the Magnificat by the month or the year. This is the most widely used book for daily devotion by Catholics. The number of subscriptions available is limited, so don't wait! Subscription rate is \$3.75 per issue.

ST. MEL GIFTS



St. Mel Gifts is open after all weekend Masses. Stop in and browse our selection of rosaries, books, statues and much more.

Our store is a ministry for our Parish. Help is always needed. If you are interested in giving 15 -20 minutes of your time after Mass to assist parishioners with their purchases, contact Brenda, 722-1965.

CHAPEL OF THE HOLY EUCHARIST



Perpetual Adoration
GREAT NEED FOR ADORERS:
Sunday: 10 - 11am, 5 - 6pm, 6 - 7pm
Wednesday: 3 - 4am
Thursday: 6 - 7am
Friday: 4 - 5pm
Saturday: 3 - 4am, 1 - 2pm,
3 - 4pm, 4 - 5pm

If you would like to be in the Real Presence of Jesus and visit with Him for one or more of the above hours, or any Hour, or be a substitute, please call Marge at 967-0641 or Chris at 966-3266. God is "thirsting" for you to satiate "His thirst".

Talk given why Perpetual Adoration is so important to the world - Pope Benedict XVI, Feb.22, 2007. "In a world where there is so much noise, so much bewilderment, there is a need for *silent Adoration*, of Jesus concealed in the "Host".

Commentator & Music Leaders & Altar Servers July 29th & 30th

Mass Times	Commentator Altar Servers	Music Leader
SAT 4:30PM	Sweeney / Laywell John Paul & Andrew	Men's Choir
SUN 8:00AM	Morrison / Wagner P Max, Alexandra & Jack	Cantor
SUN 10:00AM	Welsh / Cantrall Abby & Greta	Contemporary Choir
SUN 4:30 PM	Allison / Ricaforte Gavin & Dominic	Youth Choir

PLEASE NOTE!

*** SCHEDULE FOR BULLETIN ARTICLES ***

Please send your typed articles, in MS Word - Times New Roman, font 10, via email to stmeloffice@yahoo.com, no later than **NOON ON FRIDAY** to be included in the next bulletin. Thank you for your cooperation.

Bulletin Weekend Dates 2017	Articles DUE Prior To FRIDAY
July 29 - 30 August 5 - 6 August 12 - 13 August 19 - 20	July 21 July 28 August 4 August 11

FOUR SIGNS OF A DYNAMIC CATHOLIC DISCUSSION GROUP

You are invited to Matthew Kelly's FOUR SIGNS OF A DYNAMIC CATHOLIC: *How Engaging 1% of Catholics Could Change the World* Discussion group! Please join us at 6:30PM in the former convent, on Tuesday, August 15th. We will discuss Chapter 1, "Incredible Possibilities," pages 9-37. There are 6 chapters and we will meet monthly. This is an opportunity to enrich your Catholic faith and enjoy fellowship, as we bring the "genius of Catholicism" to life. Any questions? Call Martha Styer, 962-3307. A free copy of book is available at dynamic-catholic.com.

PARISH MINISTRY FAIR

Mark your calendars for the St. Mel Parish Ministry Fair the weekend of October 7th & 8th. The Ministry Fair is a wonderful way to learn about the different ministries at St. Mel and help you find that special group you may want to join. The fair will be held in the Parish Center and all ministries are invited to reserve a table for the event. Please call Denny, 952-4502 or email, dshunta@comcast.net to reserve your ministry's table. We will accommodate as many groups as there is room for, so sign up early!

ALTAR SERVER TRAINING


Altar Server Training is never out of season. Orientation and training for new servers is available as needed after school and on weekends. *Refresher and update sessions are also available.* Interested students and parents may contact Dave Murray, 716-5187 or e-mail dddrmmurray@comcast.net. Information forms for parents of servers are available in the church vestibule or upon request via e-mail.

PRAYER INTENTIONS OF POPE FRANCIS



Please join the **Legion of Mary** in praying daily the intentions of Pope Francis for July. Please place special emphasis this month on...*Lapsed Christians.*

That our brothers and sisters who have strayed from the faith, through our prayer and witness to the Gospel, may rediscover the merciful closeness of the Lord and the beauty of the Christian life.



You shall not murder. –Ex 20:13

Reflection: God's own finger wrote in stone the commandments He gave to Moses, and through Moses to us.

"You shall not murder" refers to the deliberate act of taking an innocent human life, and is forever prohibited precisely because all life belongs to God, and God is life itself.

Prayer: Lord, Your prohibition on murder was literally written in stone and is as unchangeable as You are. Give all Your people the gift of obedience.

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REMINDER

Please do not leave valuables in your cars when you are at Mass. There have been several break-ins in the parking lot.

Please Pray for the Sick of Our Parish

(Names will appear for 2 months unless a call is received by the Parish Office to extend the time or to remove the name.)

Al Volmer	Gianna Atilano	Keith Sprengle
Alan Cheuse	Grace Barrios	King David Chico
Alex Quiroz	Gregory David	Latasha Rodriguez
Amanda Barron	Helen S. Worthington	Linda Ramsey
Anthony Caillou	James A. Martinez	Lydia Melendez
Arthur Morton	Jean Crupi	Margaret Anderson
Audrey Holden	Jeanette Barron	Margaret Valley
Bob Ahern, Sr.	Jerry Esparza	Mary Alyce Gisla
Candy Barrios	Jerry Smith	Mary Spain
Catherine Leddy	Jim Maher	Michael Elorduy
Charles Joseph Ortner	Joanne Kim	Michael English
Cheryl Richardson	Jody & Ron Martinez	Michael J. Martinez
Chris Stabile	Johanna Ross	Michelle Atwood
Christian Dimitri	John & Judy English	Mollie Dear
Daniel Schwartz, III	John Forrest	Nellie Henson
Dave Kangas	John Langland	Nick Tenaglia
Dave Knokey	Josefina Gonzalez	P. J. Spain
Deana Landingham	John Wise, Jr.	Patty Arcenequx- Conti
Delfina Rodriguez	Jose Mascoro	Pilo DeLeon
Donald Wise	Joseph Dimitri	Ray Willey
Dora V. Marczak	Joseph Jacin	Rendtor Ramirez
Dora Palpallatoc	Joseph McCormick	Richard Robinson
Eduardo Murallon	Judy Spinelli	Robert Atkinson
Elizabeth McMahon	Karen Petersen	Robin Dunton
Evelyn Dimitri	Katie Grant	Rodney Wise
Garvin Arnett	Katie Henson	Rudy Worthington
George Kim	Katie Spain	

St. Mel Parish Ministries & Social Groups (REV. July 5, 2017)

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PARISH COUNCILS		
Parish Pastoral Council	Bob Mayer	342-2139
Parish Finance Council	Jim Joyce	967-1229
PARISH SCHOOL		
St. Mel School:	Janet Nagel (Principal)	967-2814
St. Mel School Parents Club:	Contact the School Office	967-2814
St. Mel Youth Group	Giovanna Bellocci	Call the Parish Office
St. Mel Young Adults (ages 18-39)	Giovanna Bellocci	Call Parish Office
RELIGIOUS EDUCATION		
R.C.I.A. (Rite of Christian Initiation of Adults):	Michael Faber	686-7020
Lighthouse Catholic Media	Mary Schaefer	988-3171
Catholics Return Home:	Karen Fitts	966-0184
Catholic Faith Formation (CFF):	Sara Donnelly	966-4314
Scripture & Religious Study:	Cheryl Hoffmann / or Karen Fitts	966-1830 / 966-0184
Parish Library open after weekend Masses:	Joanne Wagner	967-0190
LITURGICAL SERVICES		
Altar Servers:	Dave Murray	338-5011
Music Ministry Director		
Commentators:	Patrick Wagner	961-8652
Eucharistic Ministers:	Deacon Anthony Pescetti	704-0057
Ushers	Patrick Wagner	961-8652
PRAYER ADVOCACY		
Charismatic Prayer Group	Karen Juten / Chris Juten	712-3706 / 715-1162
Fiat Rosary Group	Peggy Grass (Wed)/Marge Young (Tues)	962-9244 / 967-2540
Eucharistic Adoration Chapel:	Marge Della Villa / Chris Guzman	967-0641 / 966-3266
"D. J. M." Disciples of Jesus and Mary	Joanne Hammett	765-4007
Legion of Mary (Day):		
	Joyce Savage	342-6179
Society of Our Lady of Guadalupe:		
	Dolores Leon	337-1800
Prayer Chain:		
	Dolores Moniz	962-0571
Fraternity of Fatherhood:		
	Mike Allison	834-6226
Men's Cursillo Group:		
	Chuck Friedrich	635-7791
SOCIAL CONCERNS		
Annettes (St. Mel's funeral luncheon providers):	Parish Office	967-1229
Loaves and Fishes Volunteers:	Kathy Yanez	967-1229
Knights of Columbus #6066:	Jim Carlson	801-9373
St. Mel "Sip & Sup" Fellowship Dinner Program	Roelof & Claire Van Ark	802-1089
St. Vincent de Paul Society:	Bill Savage	967-1229
Sacramento Life Center: Pro-Life Pregnancy Support:		
	Joanne Hammett	451-4357
Fr. Richard Doheny Religious Education Fund:		
	Walt Schaff	961-4698
Bishop-Gallegos Maternity Home:		
	Mary Schaefer / or June Schott	988-3171 / 967-9158
PARISH ORGANIZATIONS		
Altar Society:	Parish Office	967-1229
Marriage Encounter:	John & Regina Ruport	987-5616
Boy Scouts #217:	Chris Herne / Bob Mayer	798-8493 / 342-2139
Cub Scouts	Chuck Brasfield	214-5730
Girl Scouts:	Jill Dutra	217-3990
KKIS:	Laura Lumenta	718-2718
OPUS DEI:	Deidra Chapman	944-1356 or 425-4904
Children's Liturgy	Sara Lebeck / Serena Carleton	967-1229
Clara's House	Martha Rusnak	448-3976
Religious Articles:	Brenda McCollum / Dorothy Wagner	967-1229
Vocations Ministry:	Jeanne Condon	349-6936
Wedding Coordinator:	Karen Fitts	966-0184
Parish Center Coordinators:	Yolanda & Jim Carlson	966-3803
For Any Changes to Ministry List	Parish Office	967-1229

We welcome all new parishioners and ask that you complete this registration form and place it in the collection basket at Mass, or return it to the Parish Office.

Quick Registration St. Mel Catholic Church **Envelopes? Yes No**

Last Name _____ First Name(s) _____

Mailing Name (i.e. Mr. & Mrs. John Doe) _____

Address: _____

Street City Zip Code

Phone # _____

E-mail _____ CONTACT ME BY: PHONE EMAIL

Do you have any special request: _____